



Tactics Manager

Striking the ball - LDS Goalkeepers



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|------------------|------------|---------------------|----------|
| Date: | 7/Jan/2020 | Measurement: | 10 x 10 |
| Time: | N/A:N/A | Players: | 0 |
| Duration: | N/A | Level: | U8 - U10 |

Objective:

Description: Striking the ball Practice.

Blue team must shoot in the bottom 2 corners (Zone these out) for 3 points any other goal is worth 1.

1v1 - Could play without goals and use Poles: Players must run through the poles for 3 points or shoot on goal for 1 point.

Add a time limit or amount of passes for attacking team. Also coaching their movement and speed of pass etc.

Coaching Points:

Progression: